

EVEN NOW 4-21-10

HAPPY EARTH DAY!

**40TH ANNIVERSARY
EARTH DAY CELEBRATIONS**

Thursday, **April 22** – 10 am to 4 pm – **Lane Community College**

Thursday, **April 22** – 11 am to 3 pm - **University of Oregon**

Friday, **April 23** – 2 pm to 8 pm – **Tamarack Wellness Center**

Saturday, **April 24** – 11 am – 5 pm – **EWEB River Edge Plaza**

click here >> EARTH DAY HISTORY

There is hope if people will begin to awaken that spiritual part of themselves, that heartfelt knowledge that we are caretakers of this planet. - Brooke Medicine Eagle

**DR. MCDUGALL – PRESENTATION
PORTLAND OR – 4/24/10**

Dr. John McDougall will be speaking this **Saturday, April 24, 2010**, for the Multiple Sclerosis Division of the Neurology Department of the Oregon Health & Sciences University at the Hilton Portland & Executive Tower. 921 SW 6th Avenue, Portland, OR 97205. Lunch included. \$20 pp fee. Preregistration is required.

More >><http://www.drmcDougall.com/misc/2010other/speak/ms.htm>

Never does nature say one thing and wisdom another.
- Juvenal

FIND YOUR DREAM JOB AT PETA!

Do you hope to see an end to animal exploitation in your lifetime? Do you live by the credo that animals are not ours to eat, wear, experiment on, or use for entertainment? Have you ever wanted to get something more out of your job? **PETA is hiring full-time staff**, and they're calling on you to be a part of one of the largest social movements of our generation!

There's never been a better time for your personal beliefs to align with your professional goals. **If you support animal rights and would like to make a career out of it, we want to hear from you.**

Open positions vary by department and experience, but they all provide a rewarding and exciting career helping animals! You may be interested in applying to be the new **Action Team coordinator**. In this position, you would work directly with activists to help spread our lifesaving message for animals.

To learn more about all the opportunities that await you at PETA—including working on provocative ads, celebrity campaigns, street demonstrations, hard hitting undercover investigations, and more—**here's a message from PETA president, Ingrid E. Newkirk.**

Check out open positions and apply now. They can't wait to hear from you!

**When we tug at a single thing in nature,
we find it attached to the rest of the world. - John Muir**

LOCAL FOCAL POINT

FOR RENT

Charming dwelling on rural acreage. Skylights. Wood floors. French doors. Organic garden. Best accommodates one quiet person. Twenty (automotive) minutes from Eugene. \$575 lease. 541-914-8147

VEGETARIAN STUDENTS NEED HOST FAMILIES

Bill is a 16 year old German boy who likes debate, politics, and reading. Pauline is a 16 year old German girl who enjoys music, reading, and drama. Both will arrive in August and depart in June 2011. Host families provide room, board, and guidance while the student attends a local public high school. Host families need not have kids at home. Contact Karyn for more information: 541-343-0238, karynlacroix@hotmail.com

LOCAL FIXIN'S

If you haven't been over to **Viva! Vegetarian Grill** or **The Cornbread Café**, you just don't know what you're missing!! Robert and I have been to both and speak from experience. An extremely *delicious* experience!

Viva! Vegetarian Grill menu includes local products from Tofurky and Surata, organic coffee, juice and tea. It is open **weekdays from 11 am to 4 pm** in the church-owned parking lot at **12th and Willamette, Eugene**. Dave's menu is completely **vegan**.

The Cornbread Café is located at **112 E. 13th Av (at Oak), Eugene** in a food trailer. They are open **Tuesday through Saturday from 10 am to 3 pm**, and **Friday nights from 5 pm to 8 pm**. They serve their delicious cornbread along with: ~ Southern Fried Tofu, ~ Mashed Taters 'n Gravy, ~ Phish 'n Chips, ~ Mess o' Greens, ~ BBQ Ribz, ~ Cornbread, ~ Mac unCheese, ~ Sandwiches, ~ The Kidd-O-Meal, ~ Hot Chocolate w/Marshmallows, and much more! All vegan!

**This we know: the earth does not belong to man, man
belongs to the earth.**

**All things are connected like the blood that unites us all.
Man did not weave the web of life, he is merely a strand
in it. Whatever he does to the web, he does to himself.**

- Chief Seattle

INTERNATIONAL RESPECT FOR CHICKENS DAY - MAY 4

A Day to Celebrate Chickens Throughout the World

International Respect for Chickens Day is an annual project of **United Poultry Concerns** designed to celebrate the dignity, beauty and life of chickens and to protest the bleakness of their lives in farming operations. Start planning now what you can do in your community, on or around May 4, to highlight the life and suffering of chickens and encourage compassion for them.

Reach out! Speak out! Act Out!

Ideas include arranging a library display/video presentation, school celebration, letter to the editor, radio talk show call-in, leafletting, tabling, office party, vegan food sampling for family, friends, co-workers, church group.

May is International Respect for Chickens Month! For brochures, buttons, and posters, see UPC merchandise pages in *Poultry Press* or visit UPC website at www.upc-online.org/merchandise/

BARK IN THE PARK – MAY 16

Greenhill Humane Society

A 5K Run/2K Walk to Benefit Humane Society Animals
Eugene's Biggest Run/Walk for People and Their Pets

Sunday, May 16, 2010, 9 am, Rain or Shine. Alton Baker Park

Everyone is welcome! Invite your family, friends, neighbors and co-workers, and, of course, well-mannered dogs!

Register Online at www.green-hill.org

**Are not the mountains, waves and skies a part of me and
of my soul, as I of them? - Lord Byron**

THANK YOU!

Thank you, new EVEN members, **Andrea Kowalski** and **Svevo Brooks!** Thank you!

The **Eugene Veg Education Network (EVEN)** is an **official 501(c)(3)** non-profit group based in Eugene serving as a resource for those seeking information on a **healthful, vegan lifestyle**. EVEN's emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is **to inform, educate & encourage our members**--- as well as the larger community ---by providing access to pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants www.eugeneveg.org Peace.

Why isn't *every* day Earth Day???